

# DIT Elite Sport INITIATIVES



>> developing maximum sporting performance  
alongside academic excellence >>

## SWIMMING AND DIVING

DIT has an enviable and proud track record of success in Elite Sport and its Elite Sport initiatives are designed to strengthen that reputation and support our aspiring elite athletes who have achieved recognition in their chosen sports at Olympic and Paralympics, World Championships, World University Games and European Championships.

High level support for young talented swimmers is delivered on a number of levels, the long established Athlete Support Programme, Elite Athlete Academic Entry Scheme and Fee Waiver Programme are designed to ensure that potential DIT students maximise their full potential in the pursuit of both sporting and academic excellence.

Run in partnership with  
Swim Ireland Performance Swimming and Diving  
(National Centre, National Sports Campus)



**Oliver Dingley**  
Irish Olympian – Diving

*“I am able to pursue a degree in Film and Broadcasting alongside my sporting career because of the support given to me by DIT.*

*I am offered flexible study options which enables me to continue to train full-time and work towards Tokyo 2020.”*

# SWIM IRELAND

>> Swim Ireland’s recommended  
Dublin Higher Education Institution  
for aspiring Olympians >>



**Ellen Keane**  
Irish Paralympian – Swimming

*“The programme has allowed me to make adjustments to my timetable without sacrificing the quality of my training and college education. The funding has also been a major impact to me allowing me to be able to pay for college and use other funds to pay for my training and competition.*

*I started DIT as a Paralympic athlete but will leave as a Paralympic Medallist and this would not have been possible without the support I have received.”*



**Shane Ryan**  
Team Ireland – Swimming

*Gold Medal winner for Team Ireland, 50m Backstroke  
(2017 World University Games in Taipei)*

**Fulfil your student experience  
and pursue your sporting  
ambitions of competing at  
the World University Games!**

## Elite Athlete Academic Entry Scheme

The Institute has put in place for all its undergraduate programmes an academic entrance route for elite sportspeople. In recognition of the competition and training commitments of aspiring and current elite athletes, successful applicants will be offered up to a maximum of 10% or 45 additional CAO points for admission to all undergraduate programmes.

A limited number of places will be reserved for outstanding candidates who have achieved a very high level of sporting performance and who have identifiable potential for further improvement.

A package of support services is offered to students on entry to DIT that includes access to strength and conditioning, academic mentoring (flexible study options), physiotherapy, nutrition, performance skills workshops and high performance training facilities. Students may also be eligible for financial assistance.

### Application criteria;

- Applicants must be new entrants to DIT
- Applies to full-time undergraduate programmes only
- All normal programme entry requirements must be met
- Be competing in a sport that is recognised by Sport Ireland

To apply simply complete an online application form before 1st May 2018 at <http://dit.ie/studyatdit/undergraduate/howtoapply>

## DIT Athlete Support Programme

The Athlete Support Programme is an athlete led development programme whereby financial assistance and a network of support services are designed to meet the individual needs of elite and high performance athletes

Our range of sport scholarships offer high level support to aspiring elite and high performance athletes and the benefits of each 'package of support' is assessed on an individual basis and ranks depending on an athlete's achievements, potential for development and commitment to represent DIT.

### In order to be considered eligible for a place on the Athlete Support Programme applicants must fulfil the following criteria;

- Be offered a place on a programme of study for the new academic year
- Be of regional, national or international standard in your chosen sport
- Commit to represent DIT in the appropriate competitive pathway

The offer of a place on the Athlete Support Programme does not include any special reductions in entry criteria or the offer of an academic place at DIT

### The benefits of an award may include:

- Financial Support
- Fee Waiver
- Access to DIT High Performance Training facilities
- Financial Support
- Strength and Conditioning
- Sports Nutrition
- Fitness Testing
- Performance Skills Workshops
- Sports Psychology
- Physiotherapy
- Career Guidance Support
- Academic Mentoring (flexible study options)

To apply simply complete an online application form before 1st June 2018 at [www.dit.ie/sport/elitesport/eliteathletesupportprogramme](http://www.dit.ie/sport/elitesport/eliteathletesupportprogramme)

Further information about Elite Sport at DIT can be made available by contacting;

**Niamh O'Callaghan - Programme Manager**



+00 353 (0)1 402 7633



[dit.scholars@gmail.com](mailto:dit.scholars@gmail.com)



DITsports



[www.dit.ie/sport/elitesport](http://www.dit.ie/sport/elitesport)



**DIT Elite Sport  
INITIATIVES**

» developing maximum  
sporting performance alongside  
academic excellence »



## Academic Programmes offered at Dublin Institute of Technology

View over 200 undergraduate Programmes <http://dit.ie/studyatdit/undergraduate/programmescourses/viewa-z/>

View postgraduate Programmes <http://www.dit.ie/studyatdit/postgraduate/taughtprogrammes/viewa-z/>