



**Pool Requirements for Course Practical**

Course	Pool requirements	Course Level	Pre-practical briefing	Total pool hours required
Swimming Teacher Courses	4-6 teaching stations with 6+ swimmers per station. 3-4 hours of swimming lessons per day.	1	2 hours	8 hours
		2	2 hours	16 hours
Swimming Coach Courses	3-6 lanes of swimmers at club training level. 3-4 hours of training per day.	1	2 hours	8 hours
		2	2 hours	16 hours
Water Polo Coach Courses	At least 10 players. A full pool with Water Polo goals, balls, and caps. Pool where players can move out of their depth (at least 1 deep end).	1	2 hours	8 hours
		2	2 hours	16 hours
Diving Coach Courses	At least 10 divers. A full pool at full diving depth (5 metres) with diving boards	1	2 hours	8 hours
		2	2 hours	16 hours
Babies & Toddlers Swimming Teacher	Area of pool sectioned off, shallow end or toddler pool. 4 pairs of adult & child each (under 4 years).		2 hours	8 hours