

EFFORT

This award will be given where young people are consistently achieving the following elements:

Meaning	Criteria - To be achieved throughout the season	Examples	Selection made by
Be on time	Achieve 90% attendance of scheduled sessions and be on time for 90% of attended sessions or activities	Turn up and be ready to start session on time	Coach/committee record of attendance checked
Meet a challenge	Spend time to meeting a set challenge - either a personal goal or a club based objective; be able to reflect on progress to reaching this challenge	Discuss a specific challenge with the coach	Coach - agree outcome with coach and monitor progress
Master a skill	Master a skill not previously achieved that requires extra time and dedication	Identify a skill that has been a barrier, plan with coach to master the skill.	Coach - agree outcome with coach and monitor progress
Commitment to achieve goals	Agree goals for the season/year with club coach/teacher and show commitment to achieving these. Reflect on progress and reconsider goals if necessary	Show effort and hard work to achieve set goals	Coach - agree goals with coach and monitor progress

HELPING

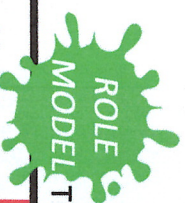
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Help with club training sessions	Regularly help with preparation of sessions and equipment for club galas	Turn up early - help prepare for the session	Coach; record attendance/helping out
Help with club activities outside the usual sessions	Willingly volunteer to help in other activities	Get involved in fundraising, competitions	Coach/committee; record activity
Give support and guidance to the club and/or club mates.	Help with others in the squad or in the club; be welcoming to new members; help younger club members	Agree with coach to assist with other squads	Coach; record activity

Club Youth Awards

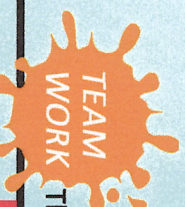
Rewarding Young People

#CYA!



This award will be given where young people are consistently achieving the following elements:

Meaning	Criteria - To be achieved throughout the season	Examples	Selection made by
Interact and work regularly with other young people in the club; set examples of good behaviour	Choose to actively encourage and guide other young people to behave appropriately within the club, lead by example in following the code of conduct	Organise a squad/club code of conduct agreement, help squads to write their own and how they might stick to it	Mainly by coach with input from CCO/other coaches, if young person worked with other squads
Show the qualities of leadership in the club, bring others together into a team environment	Encourage other club members to work together and help to resolve issues and conflicts; make sure everyone is included, and encourage new and existing athletes towards personal goals	Mentor new athletes; organise feedback sessions, help others voice their views; be kind and encourage others to achieve their goals	Mainly by coach with input from CCO/other coaches, if young person worked with other squads



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Bring club mates together to work as a team	Work with the coach and squad/club by making sure all members of the group participate together and contribute to an overall goal for the squad.	Ensure the team act together when away at, competitions, training sessions or camps; bring the team/squad together to include everyone	Coach/Committee
Work with other people in the club and other associated roles in and out of the club	Work on a club goal by getting team mates, club members and others outside the club together to reach a united outcome for the benefit of the club	Organise social events, competitions, fundraising, in or between clubs.	Coach/Committee