



ESB SWIMMING CLUB

Head Coach - Level 2 (min)

About the Role

ESB Swimming Club (ESB) seeks a Head Coach with the experience and vision to lead ESB in the long term as a competitive swim club.

Location: SportsCo Leisure Centre, Lotts Road, Sandymount, Dublin 4 with occasional attendance at nearby 50m facilities

Start Date: September 2024

Hours: 20 hours coaching, plus administration and attendance at competitions and events. ESB's swim hours are weekday evenings, weekend mornings and weekend afternoons.

Reporting to: ESB Swim Committee

Salary: A highly competitive package will be on offer.

ABOUT THE CLUB:

ESB is a competitive swim club with approximately 100 competitive swimmers and additionally c150 members in its Learn to Swim Program.

For more information about our club visit our website at esbswimmingclub.com

DUTIES

The Head Coach duties will include the following:

- ▲ Provide a positive, respectful and safe environment for all ESB members
- ▲ Deliver a technical swim program for competitive swimmers following Swim Ireland LTAD (Long Term Athlete Development Plan).
- ▲ Manage the ESB Coaching Team to deliver the Coaching Plan
- ▲ Coach our National Senior Squad
- ▲ Some coaching and oversight of ESB's more junior squads to optimize their development.
- ▲ Provide hands-on management and oversight of ESB's Learn to Swim Program, including staff rostering, supervision of teachers and the promotion of high quality technique and skills to ensure the development of young swimmers and their progression to ESB's competitive squads.
- ▲ Be a positive role model, creating an encouraging and motivating swim environment
- ▲ Have an in depth understanding of child safeguarding requirements and best safeguarding practices

- ▲ Evaluate sessions and give constructive feedback to coaches and swimmers and promote internal workshops to improve teachers' and coaches' skills.
- ▲ Mentor and develop the Coaching Team
- ▲ Travel to events and competitions agreed with Committee
- ▲ Attend Continuing Education Courses offered to Coaches
- ▲ Manage ESB gala entries
- ▲ Assist with the administration and running of ESB's Galas (held twice yearly)

SKILLS

- ▲ Hard Working and Passionate about swimming and the development of junior athletes
- ▲ Extensive on deck experience of coaching competitive squads at senior and developmental levels
- ▲ Have an excellent understanding of Strength and Conditioning for swimmers
- ▲ Excellent interpersonal skills and a team player
- ▲ Strong leadership and communication skills
- ▲ Excellent organizational skills and problem solving
- ▲ Ability to manage, develop and mentor the Coaching Team at all levels
- ▲ Highly competent with HyTek and Sports Engine systems and generally have good IT skills for administrative tasks.

QUALIFICATIONS

- ▲ Swim Ireland (SI) Level 2 Swimming Coach (or equivalent). Level 3 qualification (or equivalent) preferred.
- ▲ SI or Sports Ireland Safeguarding Level 1 certificate
- ▲ Garda Vetted SI
- ▲ SI coaching licence

The position may suit a Head Coach who wishes to bring coaching/support staff with them as ESB has at present coaching vacancies available in its more junior squads. Competitive pay rates will be available.

APPLICATIONS

Please apply to esbswimmingclub@gmail.com with CV, details of all relevant qualifications and references to

CLOSING DATE:

Applications should be submitted by 20th May 2024