


The poster for CCO Forum Seven, July 2024, features the SWIM IRELAND logo and Youth Development text at the top left. The main title 'CCO Forum Seven July 2024' is centered in blue. A blue speech bubble on the right contains the text 'BE KIND'. Below the title are five colorful speech bubbles representing well-being: 'CONNECT' (teal), 'KEEP LEARNING' (green), 'BE ACTIVE' (purple), 'TAKE NOTICE' (orange), and 'Give' (pink). At the bottom left, it lists 'Kate Hills, Head of Safeguarding, Ethics & Youth Development'. On the right, a handwritten note reads: 'I may forget what you've said ~ but I'll remember how you made me feel.' with a drawing of two figures.

Added in **Be Kind** to the five (now six!) ways of well-being

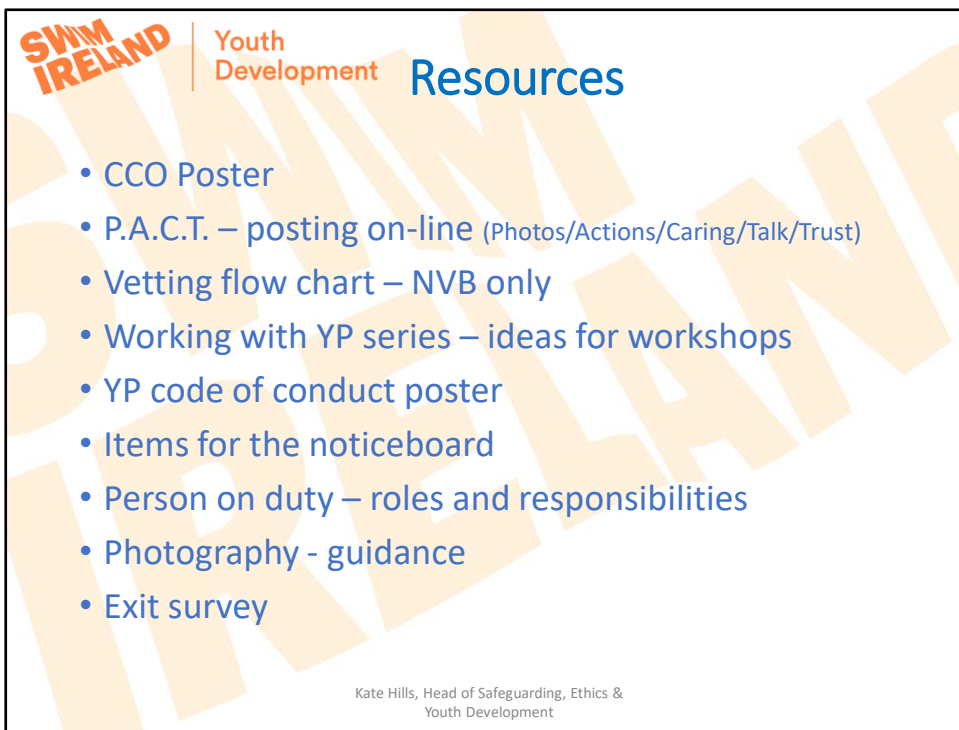


SWIM IRELAND Youth Development

## Today's Topics

- Update: Resources
- Transfers in & out
- Exit survey
- Discussion
- Dates

Kate Hills, Head of Safeguarding, Ethics & Youth Development

A graphic with a black border containing the SWIM IRELAND logo, the text 'Youth Development Resources', a bulleted list of resources, and the name 'Kate Hills, Head of Safeguarding, Ethics & Youth Development'. The background features a large, faint 'SWIM IRELAND' watermark.

**SWIM IRELAND** | Youth Development **Resources**

- CCO Poster
- P.A.C.T. – posting on-line (Photos/Actions/Caring/Talk/Trust)
- Vetting flow chart – NVB only
- Working with YP series – ideas for workshops
- YP code of conduct poster
- Items for the noticeboard
- Person on duty – roles and responsibilities
- Photography - guidance
- Exit survey

Kate Hills, Head of Safeguarding, Ethics & Youth Development

All documents that the CCO Forums have contributed to over the last year.

All available on Safeguarding Resources page: [Safeguarding Resources - Swim Ireland](#)

A presentation slide with a white background and a thin black border. In the top left corner, the 'SWIM IRELAND' logo is displayed in orange and blue. To its right, the text 'Youth Development' is written in orange. The main title 'Transfers in & out' is in a large, blue, sans-serif font. Below the title, the slide is organized into sections: 'Coming in to a club:' followed by a list of three items; 'Leaving a club:' followed by a list of three conditions. The text is all in a blue, sans-serif font. At the bottom center, there is a small line of text identifying the speaker as Kate Hills, Head of Safeguarding, Ethics & Youth Development. A large, faint, orange watermark reading 'SWIM IRELAND' is visible across the background of the slide.

**SWIM IRELAND** | Youth Development **Transfers in & out**

**Coming in to a club:**

- Due diligence on members coming in
- Welcome pack
- Squad introduction for YP

**Leaving a club:**

Three conditions:


- Owe no club fees
- Return all club property
- No outstanding complaints against member

**If all met, no reason to withhold transfer**

Kate Hills, Head of Safeguarding, Ethics & Youth Development

Clarity on people leaving and coming into the club.

If moving into a club, always check where coming from, appropriately ask why leaving, and look for references from previous club – these should be obtained verbally; Important for coaches to talk about the progress of the swimmer/player/diver with new/intended coach



Youth  
Development

## Transfers out

**Exit survey:**

Survey for young person and for parent/carer

Sent by and returned to CCO

Guidance on sending and use:

- Be sure the YP has left – confirm before sending
- Add in club name and logo
- Think about including their achievements, length of time in squads, top events, particular memories etc.
- Share feedback only in general terms

Kate Hills, Head of Safeguarding, Ethics &  
Youth Development

Use the exit survey

Exit survey: [Exit-survey-December-2020.docx \(live.com\)](#)

Exit survey guidance: [Exit-survey-guidance-December-2020.pdf \(swimireland.ie\)](#)

**SWIM IRELAND** | Youth Development **Exit survey**

Intro – put in swimmer’s name and club name

1. Please tell us about your reason(s) for leaving
2. What did you like during your time as a member?
3. What did you not like during your time as a member?
4. What do you think the club could do better to encourage members to stay (please give examples if you can)?
5. Will you keep swimming/playing water polo/diving?

From CCO only

Kate Hills, Head of Safeguarding, Ethics & Youth Development

Information about what is in the exit survey

**SWIM IRELAND** | Youth Development **Discussion topic**

**End of season round up**

- 1. What has worked well?**
- 2. What hasn't worked well?**
- 3. What is needed?**

Kate Hills, Head of Safeguarding, Ethics & Youth Development

**SWM IRELAND** | Youth Development

## Dates

**CCO Forum Eight:**  
Wednesday 28<sup>th</sup> August 7pm – 8pm  
Thursday 29<sup>th</sup> August 1pm – 2pm

**Safeguarding Training:**  
**Safeguarding 2: Tuesday 3<sup>rd</sup> September 6pm – 9pm**  
**Safeguarding 3: Thursday 5<sup>th</sup> September 6pm – 9pm**

**CMT and Network**  
In chat write to sign up:  
**CMT for CMT**  
**Network resume in September**

Kate Hills, Head of Safeguarding, Ethics & Youth Development

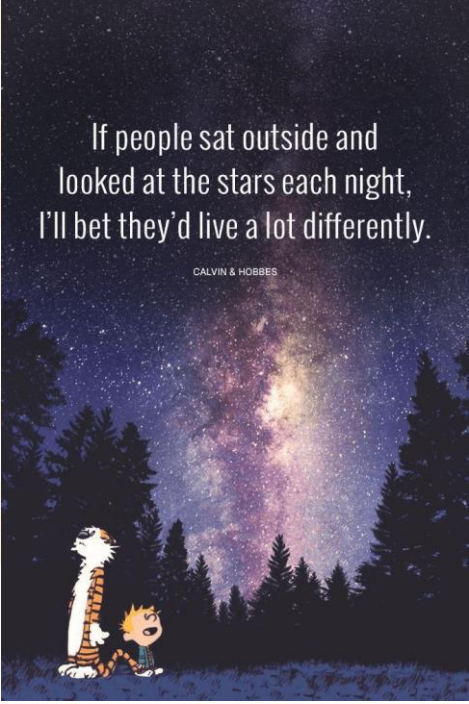
Dates for future.



**SWIM IRELAND** | Youth Development

Give yourself some time, just for you

Kate Hills, Head of Safeguarding, Ethics & Youth Development



If people sat outside and looked at the stars each night, I'll bet they'd live a lot differently.

CALVIN & HOBBS

The image features a quote from Calvin and Hobbes. The quote is centered in white text against a dark, starry night sky. Below the quote, the characters Calvin and Hobbes are shown sitting on a snowy ground, looking up at the stars. The background is a vibrant depiction of the Milky Way galaxy, with a mix of purple, blue, and white stars. The scene is framed by dark evergreen trees. The quote is attributed to Calvin and Hobbes.