

2024 Irish Winter National Championships (25m)
13th - 15th December 2024, Dublin - Programme of Events

| Day 1 Friday 13th December 2024 | Day 2 Saturday 14th December 2024 | Day 3 Sunday 15th December 2024 |
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| Session 1 Heats Open Warm Up xxx ; Female Warm Up xxx Start xxx | Session 3 Heats Female Warm Up xxx ; Open Warm Up xxx Start xxx | Session 5 Heats Open Warm Up xxx ; Female Warm Up xxx Start xxx |
| Open 50m Backstroke Female 50m Backstroke Open 100m Breaststroke Female 100m Breaststroke Open 100m Freestyle Female 100m Freestyle Open 200m Butterfly Female 200m Butterfly Open 200m IM Female 200m IM Mixed 800m Freestyle HDW Open 200m Freestyle Relay HDW Female 200m Freestyle Relay HDW | Mixed 200m Medley Relay HDW Female 100m Backstroke Open 100m Backstroke Female 400m IM Open 400m IM Female 50m Butterfly Open 50m Butterfly Female 200m Freestyle Open 200m Freestyle Female 200m Breaststroke Open 200m Breaststroke Mixed 1500m Freestyle HDW Mixed 200m Freestyle Relay HDW | Open 200m Backstroke Female 200m Backstroke Open 50m Freestyle Female 50m Freestyle Open 50m Breaststroke Female 50m Breaststroke Open 100m Butterfly Female 100m Butterfly Open 100m IM Female 100m IM Open 400m Freestyle Female 400m Freestyle Open 200m Medley Relay HDW Female 200m Medley Relay HDW |
| Session 2 Finals Open Warm Up xxx ; Female Warm Up xxx Start xxx | Session 4 Finals Female Warm Up xxx ; Open Warm Up xxx Start xxx | Session 6 Finals Female Warm Up xxx ; Open Warm Up xxx Start xxx |
| Open 50m Backstroke A Final Female 50m Backstroke A Final Open 800m Freestyle Fastest Heat Female 800m Freestyle Fastest Heat Open 100m Breaststroke C, B & A Finals Female 100m Breaststroke C, B & A Finals Open 100m Freestyle C, B & A Finals Female 100m Freestyle C, B & A Finals Open 200m Butterfly C, B & A Finals Female 200m Butterfly C, B & A Finals Open 200m IM C, B & A Finals Female 200m IM C, B & A Finals | Female 100m Backstroke C, B & A Finals Open 100m Backstroke C, B & A Finals Female 1500m Freestyle Fastest Heat Open 1500m Freestyle Fastest Heat Female 50m Butterfly A Final Open 50m Butterfly A Final Female 200m Freestyle C, B & A Finals Open 200m Freestyle C, B & A Finals Female 200m Breaststroke C, B & A Finals Open 200m Breaststroke C, B & A Finals Female 400m IM C, B & A Finals Open 400m IM C, B & A Finals | Open 200m Backstroke C, B & A Finals Female 200m Backstroke C, B & A Finals Open 50m Freestyle C, B & A Finals Female 50m Freestyle C, B & A Finals Open 50m Breaststroke A Final Female 50m Breaststroke A Final Open 100m Butterfly C, B & A Finals Female 100m Butterfly C, B & A Finals Open 100m IM A Final Female 100m IM A Final Open 400m Freestyle C, B & A Finals Female 400m Freestyle C, B & A Finals |

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Notes

- **A Finals** – Fastest 10 athletes from the heats (all ages, maximum of three non-Irish athletes within the final)
- **B Finals** – Fastest 10 athletes (Open & Female 23 years & under) that have not qualified for the A Final (maximum of three non-Irish athletes within the final)
- **C Finals** – Fastest 10 athletes (Open & Female 18 years & under) that have not qualified for the A Final or the B Final (maximum of three non-Irish athletes within the final) and only where there are 8 or more athletes who qualify for such a Final
- **Awards** – Open & Female All Ages (Irish & Commemorative) and Open & Female 18 years & under (Irish only)
- **All Ages Awards** – Other than in HDW events, times achieved in A Finals only will be considered in the awarding of All Ages medals
- **Junior Awards** – Awarded to Open & Female 18 years & under. Times achieved in A Finals supersede times achieved in B Finals; times achieved in B Finals supersede times achieved in C Finals; and times achieved in C Finals supersede times achieved in the Heats in the awarding of Junior medals
- **Relays** – A maximum of two relay teams ('A' and 'B') can be entered per club per relay event
- **Top Club Points Scores** – The Top Club award will be presented to the highest scoring club using the TBC scoring method which ranks teams by the average score of each athlete. Each club will have a minimum team size of (TBC) and a maximum of (TBC) scoring athletes per individual event and one scoring relay per relay event