

World Aquatics Competition Regulations 15.3:

“No swimmer shall be permitted to use or wear any device or swimsuit that may aid his/her speed, buoyancy, or endurance during a competition (such as webbed gloves, flippers, fins, power bands, or adhesive substances, etc.). **The use of technology and automated data collection devices is permissible for the sole purpose of collecting data. Automated devices shall not be utilised to transmit data, sounds, or signals to the swimmer and may not be used to aid their speed.** Goggles may be worn. As a consequence of injury, it is permissible to tape not more than one or two fingers or toes. Any other kind of tape on the body is not permitted unless approved by the Referee or other designated person.”

This means that athletes can use wearable technology during competition to collect data for research, education, and entertainment purposes. However, data collected via a wearable device cannot be used in real-time during a race to aid athlete’s performances.

Please check the World Aquatics website for the current list of approved wearables – [Wearables](#).

If an athlete wishes to use wearable technology at a National or Regional meet their Coach/Team Manager should consult with the Meet Director prior to the meet start date.

If you require any further clarification, please contact Andrew Reid, Head of Performance Pathways & Operations via andrewreid@swimireland.ie