

Swim Ireland

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2024-2025 Swimming Season Plan (Version X)



WEEK COMM	DATE	DAY	END OF CYCLE	INTERNATIONAL & NATIONAL COMPETITIONS	REGIONAL COMPETITIONS	NATIONAL/REGIONAL PROGRAMME CAMPS OTHER & NOTES
Aug-24						
28-Aug	26	M				
	27	T				
	28	W				
	29	TH				
	30	F				
	31	S				
Sep-24						
	1	S				
02-Sep	2	M				
	3	T				
	4	W				
	5	TH				
	6	F				
	7	S				
	8	S				
09-Sep	9	M				
	10	T				
	11	W				
	12	TH				
	13	F				
	14	S				
	15	S				
16-Sep	16	M				
	17	T				
	18	W				
	19	TH				
	20	F				
	21	S				Regional Skills Academy Orientation (Munster, Ulster) Official's Day. Closed Weekend for All Competitions
	22	S				Connacht & Munster Regional Development Programme Stage 2 Orientation Leinster Regional Skills Academy Orientation

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						Official's Day. Closed Weekend for All Competitions
23-Sep	23	M				
	24	T				
	25	W				
	26	TH				
	27	F				Diversity, Equality & Inclusion Conference (Belfast)
	28	S				Regional Development Programme Stage 1 Orientation (Connacht, Leinster, Munster) European Aquatics Congress (Belfast)
	29	S				Leinster Regional Development Programme Stage 2 Orientation
30-Sep	30	M				
Oct-24						
	1	T				
	2	W				
	3	TH				
	4	F				
	5	S				
	6	S				Connacht Regional Skills Academy Orientation
07-Oct	7	M				
	8	T				
	9	W				
	10	TH				
	11	F				
	12	S				Ulster Regional Development Programme Stage 1 & 2 Orientation
	13	S				
14-Oct	14	M				
	15	T				
	16	W				
	17	TH				
	18	F		World Aquatics World Cup (Shanghai) Day 1		
	19	S		World Aquatics World Cup (Shanghai) Day 2		
	20	S		World Aquatics World Cup (Shanghai) Day 2		

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21-Oct	21	M				
	22	T				
	23	W				
	24	TH		World Aquatics World Cup (Incheon) Day 1		
	25	F		World Aquatics World Cup (Incheon) Day 2		
	26	S		World Aquatics World Cup (Incheon) Day 3		Connacht & Munster Regional Development Programme Stage 2 Camp (Day 1)
	27	S				Connacht & Munster Regional Development Programme Stage 2 Camp (Day 2)
28-Oct	28	M				Connacht & Munster Regional Development Programme Stage 2 Camp (Day 3)
	29	T				
	30	W				
	31	TH		World Aquatics World Cup (Kallang) Day 1		National Programme Junior Pathway Induction Camp (Day 1)
Nov-24						
	1	F		World Aquatics World Cup (Kallang) Day 2		National Programme Junior Pathway Induction Camp (Day 2) Leinster Regional Development Programme Stage 2 Camp (Day 1)
	2	S		World Aquatics World Cup (Kallang) Day 3		National Programme Junior Pathway Induction Camp (Day 3) Leinster Regional Development Programme Stage 2 Camp (Day 2)
	3	S				Leinster Regional Development Programme Stage 2 Camp (Day 3) Connacht & Munster Regional Development Programme Stage 1 Coaching Day
	4	M				
	5	T				
	6	W				
	7	TH				
	8	F			Regional SC Championships (Option 1)	Swim Ireland Awards Evening
	9	S			Regional SC Championships (Option 1) Swim Ulster War Memorial Relay Meet	Munster Regional Skills Academy Coaching Day
	10	S			Regional SC Championships (Option 1)	
11-Nov	11	M				
	12	T				
	13	W				
	14	TH				
	15	F		BUCS Championships (25m) (Sheffield) Day 1	Regional SC Championships (Option 2)	
	16	S		BUCS Championships (25m) (Sheffield) Day 2	Regional SC Championships (Option 2)	

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	17	S		BUCS Championships (25m) (Sheffield) Day 3	Regional SC Championships (Option 2)	Leinster Regional Skills Academy & Regional Development Programme Stage 1 Coaching Day
18-Nov	18	M				
	19	T				
	20	W				
	21	TH				
	22	F			Regional SC Championships (Option 3)	
	23	S			Regional SC Championships (Option 3)	Ulster Regional Skills Academy Coaching Day
	24	S			Regional SC Championships (Option 3)	Qualification for Irish National Winter Championships (25m) Closes 24/11/24
25-Nov	25	M				
	26	T				
	27	W				
	28	TH				
	29	F				
	30	S				
Dec-24						
	1	S				
02-Dec	2	M				
	3	T				
	4	W				
	5	TH				
	6	F				
	7	S		Depart for Budapest		
	8	S		Orientation (Budapest)	Swim Ireland Christmas Cracker Competition (Dublin)	Connacht Regional Skills Academy Coaching Day
09-Dec	9	M		Orientation (Budapest)		
	10	T		World Aquatics Championships (25m) (Budapest) Day 1		
	11	W		World Aquatics Championships (25m) (Budapest) Day 2		
	12	TH		World Aquatics Championships (25m) (Budapest) Day 3		
	13	F		World Aquatics Championships (25m) (Budapest) Day 4 Irish National Winter Championships (25m) (Dublin) Day 1		
	14	S		World Aquatics Championships (25m) (Budapest) Day 5 Irish National Winter Championships (25m) (Dublin) Day 2		
	15	S		World Aquatics Championships (25m) (Budapest) Day 6 Irish National Winter Championships (25m) (Dublin) Day 3		

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16-Dec	16	M		Return from Budapest		
	17	T				
	18	W				
	19	TH				
	20	F				
	21	S				
	22	S				
23-Dec	23	M				
	24	T				
	25	W				
	26	TH				
	27	F				Ulster Regional Development Programme Stage 2 Camp (Day 1)
	28	S				Ulster Regional Development Programme Stage 2 Camp (Day 2)
	29	S				Ulster Regional Development Programme Stage 2 Camp (Day 3) Ulster Regional Development Programme Stage 1 Coaching Day
30-Dec	30	M				
	31	T				
Jan-25						
	1	W				
	2	TH				
	3	F				
	4	S				Connacht & Munster Regional Development Programme Stage 1 Coaching Day
	5	S				Connacht & Munster Regional Development Programme Stage 2 Coaching Day
06-Jan	6	M				
	7	T				
	8	W				
	9	TH				
	10	F				
	11	S				Regional Skills Academy Coaching Day (Leinster, Ulster)
	12	S				Connacht Regional Skills Academy Coaching Day
13-Jan	13	M				

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	14	T				
	15	W				
	16	TH				
	17	F			Leinster Open/Gerry Ryan Open/Ulster Open Option 1	
	18	S			Leinster Open/Gerry Ryan Open/Ulster Open Option 1	Leinster Regional Development Programme Stage 1 & Stage 2 Coaching Day
	19	S			Leinster Open/Gerry Ryan Open/Ulster Open Option 1	
20-Jan	20	M				
	21	T				
	22	W				
	23	TH				
	24	F			Leinster Open/Gerry Ryan Open/Ulster Open Option 2	
	25	S			Leinster Open/Gerry Ryan Open/Ulster Open Option 2	Munster Regional Skills Academy Coaching Day
	26	S			Leinster Open/Gerry Ryan Open/Ulster Open Option 2	
27-Jan	27	M				Qualification for McCullagh International closes 27/01/25
	28	T				
	29	W				
	30	TH				
	31	F				
Feb-25						
	1	S			Regional Minor/Primary Schools Championships	
	2	S			Regional Senior/Secondary Schools Championships	
03-Feb	3	M				
	4	T				
	5	W		Depart for Antwerp		
	6	TH		Orientation (Antwerp)		
	7	F		Flanders Cup (Antwerp) Day 1 Depart for Lisbon		
	8	S		Flanders Cup (Antwerp) Day 2 Lisbon International Meet (Lisbon) Day 1		Ulster Regional Development Programme Stage 1 & 2 Coaching Day
	9	S		Flanders Cup (Antwerp) Day 3 Lisbon International Meet (Lisbon) Day 2		
10-Feb	10	M		Return from Antwerp Return from Lisbon		

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	11	T				
	12	W				
	13	TH				
	14	F		BUCS Championships (50m) (Sheffield) Day 1		
	15	S		BUCS Championships (50m) (Sheffield) Day 2		
	16	S		BUCS Championships (50m) (Sheffield) Day 3		
17-Feb	17	M				
	18	T				
	19	W				
	20	TH				
	21	F		McCullagh International (Bangor) Day 1		
	22	S		McCullagh International (Bangor) Day 2		
	23	S		McCullagh International (Bangor) Day 3		
24-Feb	24	M				
	25	T				
	26	W				
	27	TH				
	28	F				
Mar-25						
	1	S				
	2	S				
03-Mar	3	M				
	4	T				
	5	W				
	6	TH				
	7	F				
	8	S				
	9	S				
10-Mar	10	M				
	11	T				
	12	W				

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	13	TH		Depart for Edinburgh		
	14	F		Edinburgh International Swim Meet (Edinburgh) Day 1 TBC		
	15	S		Edinburgh International Swim Meet (Edinburgh) Day 2 TBC		
	16	S		Edinburgh International Swim Meet (Edinburgh) Day 3 TBC		
17-Mar	17	M		Return for Edinburgh		Qualification for Irish Open Championships closes 17/03/25. Qualifying times to be from 01/07/24
	18	T				
	19	W				
	20	TH				
	21	F				
	22	S				
	23	S		Irish Senior/Secondary Schools Relays & Interpro (Dublin) 50m		
24-Mar	24	M				
	25	T				
	26	W				
	27	TH				
	28	F				
	29	S				
	30	S		Irish Minor/Primary Schools (Dublin) 25m		
31-Mar	31	M				
Apr-25						
	1	T				
	2	W				
	3	TH				
	4	F				
	5	S				
	6	S				
07-Apr	7	M				
	8	T				
	9	W				
	10	TH				
	11	F				

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	12	S		Irish Open Championships (50m) (Dublin) Day 1		
	13	S		Irish Open Championships (50m) (Dublin) Day 2		
14-Apr	14	M		Irish Open Championships (50m) (Dublin) Day 3		
	15	T		Irish Open Championships (50m) (Dublin) Day 4		
	16	W		Irish Open Championships (50m) (Dublin) Day 5		
	17	TH				
	18	F				
	19	S				
	20	S				
21-Apr	21	M				
	22	T				
	23	W				
	24	TH				
	25	F				
	26	S				
	27	S				
28-Apr	28	M				
	29	T				Swim Ireland AGM
	30	W				
May-25						
	1	TH				
	2	F			Regional Age Group & Senior LC Championships Window opens on 02/05/25. Regions may choose to run a 1 x 3 day meet or a 2 x 2 day meet and may combine to run a joint Championships	
	3	S				
	4	S				
05-May	5	M				
	6	T				
	7	W				
	8	TH				
	9	F				
	10	S				

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	11	S				
13-May	12	M				
	13	T				
	14	W				
	15	TH				
	16	F				
	17	S		Mare Nostrum (Monaco) Day 1		
	18	S		Mare Nostrum (Monaco) Day 2		
19-May	19	M				
	20	T				
	21	W		Mare Nostrum (Barcelona) Day 1		
	22	TH		Mare Nostrum (Barcelona) Day 2		
	23	F				
	24	S		Mare Nostrum (Canet) Day 1		
	25	S		Mare Nostrum (Canet) Day 2		
26-May	26	M				
	27	T				
	28	W				
	29	TH		European Aquatics Open Water Championships (Stari Grad) Day 1		
	30	F		European Aquatics Open Water Championships (Stari Grad) Day 2		
	31	S		European Aquatics Open Water Championships (Stari Grad) Day 3		
Jun-25						
	1	S				
02-Jun	2	M			Regional Age Group & Senior LC Championships Window opens on 02/05/25 and closes on 02/06/25. Regions may choose to run a 1 x 3-day meet or a 2 x 2 day meet and may combine to run a joint Championships	
	3	T				
	4	W				
	5	TH				
	6	F				
	7	S				
	8	S				

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09-Jun	9	M				Qualification for Irish Summer National Age Group C'ships and Irish Summer National Youth & Senior C'ships closes 09/06/25. Qualifying times to be from 01/01/25 and LC only for Irish Summer National Youth & Senior C'ships
	10	T				
	11	W				
	12	TH				
	13	F				
	14	S				
	15	S				
16-Jun	16	M				
	17	T				
	18	W				
	19	TH		European Aquatics Open Water Junior Championship (Setubal)		
	20	F		European Aquatics Open Water Junior Championship (Setubal)		
	21	S		European Aquatics Open Water Junior Championship (Setubal)		
	22	S				
23-Jun	23	M				
	24	T		Depart for Samorin		
	25	W		Orientation (Samorin)		
	26	TH		European Aquatics U23 Championships (Samorin) Day 1 Sette Colli (Rome) Day 1		
	27	F		European Aquatics U23 Championships (Samorin) Day 2 Sette Colli (Rome) Day 2		
	28	S		European Aquatics U23 Championships (Samorin) Day 3 Sette Colli (Rome) Day 3		
	29	S		Return from Samorin Depart for Samorin		
30-Jun	30	M		Orientation (Samorin)		
Jul-25						
	1	T		European Aquatics Junior Championships (Samorin) Day 1		
	2	W		European Aquatics Junior Championships (Samorin) Day 2		
	3	TH		European Aquatics Junior Championships (Samorin) Day 3		
	4	F		European Aquatics Junior Championships (Samorin) Day 4		
	5	S		European Aquatics Junior Championships (Samorin) Day 5		

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	6	S		European Aquatics Junior Championships (Samorin) Day 6		
07-Jul	7	M		Return from Samorin		
	8	T				
	9	W				
	10	TH		Irish Summer National Age Group Championships (Limerick) Day 1		
	11	F		Irish Summer National Age Group Championships (Limerick) Day 2		
	12	S		Irish Summer National Age Group Championships (Limerick) Day 3		
	13	S		Irish Summer National Age Group Championships (Limerick) Day 4		
14-Jul	14	M				
	15	T		Depart for Rhine Ruhr		
	16	W		Orientation (Rhine Ruhr)		
	17	TH		World University Games (Rhine Ruhr) Day 1 Depart for World Championships Holding Camp		
	18	F		World University Games (Rhine Ruhr) Day 2 World Championships Holding Camp Day 1		
	19	S		World University Games (Rhine Ruhr) Day 3 World Championships Holding Camp Day 2		
	20	S		Orientation (Skopje) World University Games (Rhine Ruhr) Day 4 World Championships Holding Camp Day 3		
21-Jul	21	M		EOC European Youth Olympic Festival (Skopje) Day 1 World University Games (Rhine Ruhr) Day 5 World Championships Holding Camp Day 4		
	22	T		EOC European Youth Olympic Festival (Skopje) Day 2 World University Games (Rhine Ruhr) Day 6 World Championships Holding Camp Day 5		
	23	W		EOC European Youth Olympic Festival (Skopje) Day 3 World University Games (Rhine Ruhr) Day 7 World Championships Holding Camp Day 6 (Transfer to Kallang) Irish Summer National Youth & Senior Champs (Dublin) Day 1		
	24	TH		EOC European Youth Olympic Festival (Skopje) Day 4 Return from Rhine Ruhr Kallang Orientation Day 1 Irish Summer National Youth & Senior Champs (Dublin) Day 2		
	25	F		EOC European Youth Olympic Festival (Skopje) Day 5 Kallang Orientation Day 2 Irish Summer National Youth & Senior Champs (Dublin) Day 3		
	26	S		EOC European Youth Olympic Festival (Skopje) Kallang Orientation Day 3 Irish Summer National Youth & Senior Champs (Dublin) Day 4		
	27	S		Return from Skopje World Aquatics Championships (50m) (Kallang) Day 1 Irish Summer National Youth & Senior Champs (Dublin) Day 5		

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28-Jul	28	M		World Aquatics Championships (50m) (Kallang) Day 2		
	29	T		World Aquatics Championships (50m) (Kallang) Day 3		
	30	W		World Aquatics Championships (50m) (Kallang) Day 4		
	31	TH		World Aquatics Championships (50m) (Kallang) Day 5		
Aug-25						
	1	F		World Aquatics Championships (50m) (Kallang) Day 6		
	2	S		World Aquatics Championships (50m) (Kallang) Day 7		
	3	S		World Aquatics Championships (50m) (Kallang) Day 8		
04-Aug	4	M		Return from Kallang		
	5	T				
	6	W				
	7	TH				
	8	F				
	9	S		Irish National Open Water Championships (Lough Lene)		
	10	S				
11-Aug	11	M				
	12	T				
	13	W				
	14	TH				
	15	F				
	16	S				
	17	S				
18-Aug	18	M				
	19	T		World Aquatics Junior Championships (European Venue) Day 1 TBC		
	20	W		World Aquatics Junior Championships (European Venue) Day 2 TBC		
	21	TH		World Aquatics Junior Championships (European Venue) Day 3 TBC		
	22	F		World Aquatics Junior Championships (European Venue) Day 4 TBC		
	23	S		World Aquatics Junior Championships (European Venue) Day 5 TBC		
	24	S		World Aquatics Junior Championships (European Venue) Day 6 TBC		
25-Aug	25	M				
	26	T				

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	27	W				
	28	TH				
	29	F				
	30	S				
	31	S				
Sep-25						
01-Sep	1	M				
	2	T				
	3	W				
	4	TH				
	5	F				
	6	S				
	7	S				

ALL COMPETITIONS (OTHER THAN SCHOOLS COMPETITIONS) TO BE AGE CLASSIFIED AS OF 31ST DECEMBER