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2025-2026 Swimming Season Plan (Version 8, February 2026)

WEEK COMM	DATE	DAY	INTERNATIONAL & NATIONAL COMPETITIONS	REGIONAL COMPETITIONS	NATIONAL/REGIONAL PROGRAMME CAMPS OTHER & NOTES
Aug-25					
25-Aug	25	M			2025-2026 Season Start Date
	26	T			
	27	W			
	28	TH			
	29	F			
	30	S			
	31	S			
Sep-25					
01-Sep	1	M			
	2	T			
	3	W			
	4	TH			
	5	F			
	6	S			Aligning for Excellence – day for coaches, Dublin
	7	S	Depart for World Para Swimming Championships Holding Camp		
08-Sep	8	M	World Para Swimming Championships Holding Camp Day 1		
	9	T	World Para Swimming Championships Holding Camp Day 2		
	10	W	World Para Swimming Championships Holding Camp Day 3		
	11	TH	World Para Swimming Championships Holding Camp Day 4		
	12	F	World Para Swimming Championships Holding Camp Day 5		
	13	S	World Para Swimming Championships Holding Camp Day 6		
	14	S	World Para Swimming Championships Holding Camp Day 7		
15-Sep	15	M	World Para Swimming Championships Holding Camp Day 8		
	16	T	World Para Swimming Championships Holding Camp Day 9		
	17	W	World Para Swimming Championships Holding Camp Day 10		
	18	TH	World Para Swimming Championships Transfer to Singapore		
	19	F	Singapore Orientation Day 1		
	20	S	Singapore Orientation Day 2		National Junior Pathway Orientation Camp (Dublin) Day 1 Ulster Region Skills Academy Orientation (Bangor)
	21	S	World Para Swimming Championships (Singapore) Day 1		National Junior Pathway Orientation Camp (Dublin) Day 2 Connacht Region Skills Academy Orientation (Limerick) Munster Region Skills Academy Orientation (Limerick)
22-Sep	22	M	World Para Swimming Championships (Singapore) Day 2		

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	23	T	World Para Swimming Championships (Singapore) Day 3		
	24	W	World Para Swimming Championships (Singapore) Day 4		
	25	TH	World Para Swimming Championships (Singapore) Day 5		
	26	F	World Para Swimming Championships (Singapore) Day 6		
	27	S	World Para Swimming Championships (Singapore) Day 7		National Performance/Senior Pathway Orientation Camp (Dublin) Day 1 Ulster Regional Programme Stages 1 & 2 Orientation (Bangor)
	28	S	Return from Singapore		National Performance/Senior Pathway Orientation Camp (Dublin) Day 2 Connacht Regional Programme Stages 1 & 2 Orientation (Limerick) Munster Regional Programme Stages 1 & 2 Orientation (Limerick) Officials Day – Closed day for Competitions
29-Sep	29	M			
	30	T			
Oct-24					
	1	W			
	2	TH			
	3	F			
	4	S			Leinster Region Skills Academy Orientation (Dublin)
	5	S			Leinster Regional Programme Stages 1 & 2 Orientation (Dublin)
06-Oct	6	M			
	7	T			
	8	W			
	9	TH			
	10	F			Towards 2026: Coaching for Commonwealth Success (Bangor)
	11	S			Towards 2026: Coaching for Commonwealth Success (Bangor)
	12	S			
13-Oct	13	M			
	14	T			
	15	W			
	16	TH			
	17	F			
	18	S			
	19	S			
20-Oct	20	M			
	21	T			

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	22	W			
	23	TH			
	24	F			
	25	S			European Junior Camp (Eindhoven) Day 1 Connacht Regional Programme Stage 2 (Limerick) Munster Regional Programme Stage 2 (Limerick) Leinster Regional Programme Stage 2 (Dublin)
	26	S			European Junior Camp (Eindhoven) Day 2 Connacht Regional Programme Stage 2 (Limerick) Munster Regional Programme Stage 2 (Limerick) Leinster Regional Programme Stage 2 (Dublin)
27-Oct	27	M			European Junior Camp (Eindhoven) Day 3 Connacht Regional Programme Stages 1 & 2 (Limerick) Munster Regional Programme Stages 1 & 2 (Limerick) Leinster Regional Programme Stages 1 & 2 (Dublin)
	28	T			European Junior Camp (Eindhoven) Day 4
	29	W			European Junior Camp (Eindhoven) Day 5
	30	TH			European Junior Camp (Eindhoven) Day 6
	31	F			European Junior Camp (Eindhoven) Day 7
Nov-25					
	1	S			European Junior Camp (Eindhoven) Day 8 National Coaches Conference (Dublin) TBC Swim Ireland Awards Night – Closed Weekend for Competitions
	2	S			Connacht Region Skills Academy (Limerick)
03-Nov	3	M			
	4	T			
	5	W			
	6	TH			
	7	F		Regional SC Championships (Option 1)	
	8	S		Regional SC Championship (Option 1) Swim Ulster War Memorial Relay Meet	
	9	S		Regional SC Championships (Option 1)	
10-Nov	10	M			
	11	T			
	12	W			
	13	TH			
	14	F		Regional SC Championships (Option 2)	
	15	S		Regional SC Championships (Option 2)	Leinster Region Skills Academy (Dublin)

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	16	S		Regional SC Championships (Option 2) Irish Masters SC Championships (Celtic Masters)	Munster Region Skills Academy (Limerick)
17-Nov	17	M			
	18	T			
	19	W			
	20	TH			
	21	F		Regional SC Championships (Option 3)	
	22	S		Regional SC Championships (Option 3)	
	23	S		Regional SC Championships (Option 3)	Qualification for Irish National Winter Championships (25m) ends 23/11/25
24-Nov	24	M			
	25	T			
	26	W			
	27	TH			
	28	F			
	29	S	Depart for Lublin		
	30	S	Orientation Lublin		Ulster Region Skills Academy (Bangor)
Dec-25					
01-Dec	1	M	Orientation Lublin		
	2	T	European Aquatics Swimming Championships (25m) (Lublin) Day 1		
	3	W	European Aquatics Swimming Championships (25m) (Lublin) Day 2		
	4	TH	European Aquatics Swimming Championships (25m) (Lublin) Day 3		
	5	F	European Aquatics Swimming Championships (25m) (Lublin) Day 4		
	6	S	European Aquatics Swimming Championships (25m) (Lublin) Day 5		
	7	S	European Aquatics Swimming Championships (25m) (Lublin) Day 6 Swim Ireland Christmas Cracker Competition (Dublin)		
08-Dec	8	M	Return from Lublin		
	9	T			
	10	W			
	11	TH			
	12	F	Irish National Winter Championships (25m) (Dublin) Day 1		
	13	S	Irish National Winter Championships (25m) (Dublin) Day 2		
	14	S	Irish National Winter Championships (25m) (Dublin) Day 3		
15-Dec	15	M			

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	16	T			
	17	W			
	18	TH			
	19	F			
	20	S			
	21	S			Connacht Region Skills Academy (Limerick)
22-Dec	22	M			
	23	T			
	24	W			
	25	TH			
	26	F			
	27	S			National Performance/Senior Pathway Camp (Lanzarote) travel day TBC Identified Athlete Altitude Training Camp (Flagstaff) travel day TBC
	28	S			National Junior Pathway Camp (Dublin) Day 1 National Performance/Senior Pathway Camp (Lanzarote) Day 1 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 1 TBC Ulster Regional Programme Stage 2
29-Dec	29	M			National Junior Pathway Camp (Dublin) Day 2 National Performance/Senior Pathway Camp (Lanzarote) Day 2 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 2 TBC Ulster Regional Programme Stages 1 & 2
	30	T			National Junior Pathway Camp (Dublin) Day 3 National Performance/Senior Pathway Camp (Lanzarote) Day 3 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 3 TBC
	31	W			National Junior Pathway Camp (Dublin) Day 4 National Performance/Senior Pathway Camp (Lanzarote) Day 4 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 4 TBC
Jan-26					
	1	TH			National Performance/Senior Pathway Camp (Lanzarote) Day 5 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 5 TBC
	2	F			National Performance/Senior Pathway Camp (Lanzarote) Day 6 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 6 TBC
	3	S			National Performance/Senior Pathway Camp (Lanzarote) Day 7 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 7 TBC
	4	S			National Performance/Senior Pathway Camp (Lanzarote) Day 8 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 8 TBC
05-Jan	5	M			National Performance/Senior Pathway Camp (Lanzarote) Day 9 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 9 TBC
	6	T			National Performance/Senior Pathway Camp (Lanzarote) Day 10 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 10 TBC
	7	W			National Performance/Senior Pathway Camp (Lanzarote) Day 11 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 11 TBC

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	8	TH			National Performance/Senior Pathway Camp (Lanzarote) Day 12 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 12 TBC
	9	F			National Performance/Senior Pathway Camp (Lanzarote) Day 13 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 13 TBC
	10	S			National Performance/Senior Pathway Camp (Lanzarote) Day 14 TBC Identified Athlete Altitude Training Camp (Flagstaff) Day 14 TBC Ulster Region Skills Academy (Bangor) Leinster Region Skills Academy (Dublin)
	11	S			Identified Athlete Altitude Training Camp (Flagstaff) Day 15 TBC
12-Jan	12	M			Identified Athlete Altitude Training Camp (Flagstaff) Day 16 TBC
	13	T			Identified Athlete Altitude Training Camp (Flagstaff) Day 17 TBC
	14	W			Identified Athlete Altitude Training Camp (Flagstaff) Day 18 TBC
	15	TH			Identified Athlete Altitude Training Camp (Flagstaff) Day 19 TBC
	16	F		Leinster Open/Munster Open/Ulster Open (Option 1)	Identified Athlete Altitude Training Camp (Flagstaff) Day 20 TBC
	17	S		Leinster Open/Munster Open/Ulster Open (Option 1)	Identified Athlete Altitude Training Camp (Flagstaff) Day 21 TBC
	18	S		Leinster Open/Munster Open/Ulster Open (Option 1)	
19-Jan	19	M			
	20	T			
	21	W			
	22	TH			
	23	F		Leinster Open/Munster Open/Ulster Open (Option 2)	
	24	S		Leinster Open/Munster Open/Ulster Open (Option 2)	
	25	S		Leinster Open/Munster Open/Ulster Open (Option 2)	Connacht Regional Programme Stages 1 & 2 (Limerick) Munster Regional Programme Stages 1 & 2 (Limerick)
26-Jan	26	M			Qualification for McCullagh International ends 25/01/26
	27	T			
	28	W			
	29	TH			
	30	F			
	31	S			Leinster Regional Programme Stages 1 & 2 (Dublin) TBC
Feb-26					
	1	S			Leinster Regional Programme Stages 1 & 2 (Dublin) TBC
02-Feb	2	M			
	3	T			
	4	W			

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	5	TH			
	6	F			
	7	S			Ulster Regional Programme Stages 1 & 2 (Bangor)
	8	S		Regional Minor/Primary Schools and Regional Senior/Secondary Schools Championships window closes on 08/02/26	
09-Feb	9	M			
	10	T			
	11	W			
	12	TH			
	13	F			
	14	S			
	15	S			
16-Feb	16	M			
	17	T			
	18	W			
	19	TH			
	20	F	McCullagh International (Dublin) Day 1		
	21	S	McCullagh International (Dublin) Day 2		
	22	S	McCullagh International (Dublin) Day 3		
23-Feb	23	M			
	24	T			
	25	W			
	26	TH			
	27	F			
	28	S			
Mar-26					
	1	S			
02-Mar	2	M			
	3	T			
	4	W			
	5	TH			
	6	F			
	7	S			

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	8	S			
09-Mar	9	M			
	10	T			
	11	W			
	12	TH	Depart for Edinburgh		
	13	F	Edinburgh International Swim Meet (Edinburgh) Day 1		
	14	S	Edinburgh International Swim Meet (Edinburgh) Day 2		
	15	S	Edinburgh International Swim Meet (Edinburgh) Day 3		Qualification for Irish Open Championships ends 15/03/26 Qualifying times to be from 26/06/25
16-Mar	16	M	Return from Edinburgh		
	17	T			
	18	W			
	19	TH	Depart for Giant Open Meet (Paris)		
	20	F	Giant Open Meet (Paris) Day 1		
	21	S	Giant Open Meet (Paris) Day 2		
	22	S	Giant Open Meet (Paris) Day 3 Irish Senior/Secondary Schools Relays & Interpro (Dublin) 50m		
23-Mar	23	M	Return from Paris		
	24	T			
	25	W			
	26	TH			
	27	F			
	28	S			
	29	S	Irish Minor/Primary Schools (Dublin) 25m		
30-Mar	30	M			
	31	T			
Apr-26					
	1	W			
	2	TH			
	3	F			
	4	S			
	5	S			
06-Apr	6	M			

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	7	T			
	8	W	Irish Open Championships (50m) (Bangor) Day 1		
	9	TH	Irish Open Championships (50m) (Bangor) Day 2		
	10	F	Irish Open Championships (50m) (Bangor) Day 3		
	11	S	Irish Open Championships (50m) (Bangor) Day 4		
	12	S	Irish Open Championships (50m) (Bangor) Day 5		
13-Apr	13	M			
	14	T			
	15	W			
	16	TH			
	17	F			
	18	S			
	19	S			
20-Apr	20	M			
	21	T			
	22	W			
	23	TH			
	24	F			
	25	S			
	26	S			
27-Apr	27	M			
	28	T			
	29	W			
	30	TH			
May-26					
	1	F		Regional Age Group & Senior LC Championships Window opens on 01/05/26	
	2	S			
	3	S			
04-May	4	M			
	5	T			
	6	W			
	7	TH			

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	8	F			
	9	S			
	10	S			
11-May	11	M			
	12	T			
	13	W			
	14	TH			
	15	F			
	16	S			
	17	S			
18-May	18	M			
	19	T			
	20	W			
	21	TH			
	22	F			
	23	S	Mare Nostrum (Monaco) Day 1		
	24	S	Mare Nostrum (Monaco) Day 2		
25-May	25	M			
	26	T			
	27	W	Mare Nostrum (Canet) Day 1		
	28	TH	Mare Nostrum (Canet) Day 2		
	29	F			
	30	S	Mare Nostrum (Barcelona) Day 1		
	31	S	Mare Nostrum (Barcelona) Day 2		
Jun-25					
01-Jun	1	M		Regional Age Group & Senior LC Championships Window closes on 01/06/26	
	2	T			
	3	W			
	4	TH			
	5	F			
	6	S			
	7	S			

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08-Jun	8	M			Qualification for Irish Summer National Age Group Championships and Irish Summer National Youth & Senior Championships ends on 08/06/26. Qualifying times to be from 01/01/26 and as per the meet conditions.
	9	T			
	10	W			
	11	TH			
	12	F			
	13	S			
	14	S			
15-Jun	15	M			
	16	T			
	17	W			
	18	TH			
	19	F			
	20	S			
	21	S			
22-Jun	22	M	Team NI Camp (Belfast/Bangor) Day 1		
	23	T	Team NI Camp (Belfast/Bangor) Day 2		
	24	W	Team NI Camp (Belfast/Bangor) Day 3		
	25	TH	Team NI Camp (Belfast/Bangor) Day 4 Travel to Rome		
	26	F	Sette Colli (Rome) Day 1		
	27	S	Sette Colli (Rome) Day 2		
	28	S	Sette Colli (Rome) Day 3		
29-Jun	29	M	Return from Rome Travel to Slovakia		
	30	T	Commonwealth Games Team Camp (Slovakia), Day 1		
Jul-26					
	1	W	Commonwealth Games Team Camp (Slovakia), Day 2		
	2	TH	Commonwealth Games Team Camp (Slovakia), Day 3		
	3	F	Commonwealth Games Team Camp (Slovakia), Day 4 Irish Masters LC International Open Meet (50m)		
	4	S	Commonwealth Games Team Camp (Slovakia), Day 5 Irish Masters LC International Open Meet (50m) Travel to Germany		
	5	S	Commonwealth Games Team Camp (Slovakia), Day 6 Orientation		

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06-Jul	6	M	Commonwealth Games Team Camp (Slovakia), Day 7 Orientation		
	7	T	Commonwealth Games Team Camp (Slovakia), Day 8 European Aquatics Junior Swimming Championships (Germany) Day 1		
	8	W	Return from Slovakia European Aquatics Junior Swimming Championships (Germany) Day 2		
	9	TH	Irish Summer National Age Group Championships (Limerick) Day 1 European Aquatics Junior Swimming Championships (Germany) Day 3		
	10	F	Irish Summer National Age Group Championships (Limerick) Day 2 European Aquatics Junior Swimming Championships (Germany) Day 4		
	11	S	Irish Summer National Age Group Championships (Limerick) Day 3 European Aquatics Junior Swimming Championships (Germany) Day 5		
	12	S	Irish Summer National Age Group Championships (Limerick) Day 4 European Aquatics Junior Swimming Championships (Germany) Day 6		
13-Jul	13	M	Return from Germany		
	14	T			
	15	W			
	16	TH			
	17	F			
	18	S			
	19	S			
20-Jul	20	M			
	21	T	Irish Summer National Youth & Senior Champs (Dublin) Day 1 Travel to Glasgow Travel to Hungary		
	22	W	Irish Summer National Youth & Senior Champs (Dublin) Day 2 Orientation (Glasgow) Orientation		
	23	TH	Irish Summer National Youth & Senior Champs (Dublin) Day 3 Orientation (Glasgow) European Aquatics Junior Open Water Swimming Championships (Hungary) Day 1		
	24	F	Irish Summer National Youth & Senior Champs (Dublin) Day 4 Commonwealth Games (Glasgow) Day 1 European Aquatics Junior Open Water Swimming Championships (Hungary) Day 2		
	25	S	Irish Summer National Youth & Senior Champs (Dublin) Day 5 Commonwealth Games (Glasgow) Day 2 European Aquatics Junior Open Water Swimming Championships (Hungary) Day 3		
	26	S	Irish National Open Water Championships (Venue TBC) Commonwealth Games (Glasgow) Day 3 European Aquatics Junior Open Water Swimming Championships (Hungary) Day 4		

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27-Jul	27	M	Commonwealth Games (Glasgow) Day 4 Return from Hungary		
	28	T	Commonwealth Games (Glasgow) Day 5		
	29	W	Commonwealth Games (Glasgow) Day 6		
	30	TH	Return from Glasgow		
	31	F			
Aug-26					
	1	S			
	2	S			
03-Aug	3	M	Holding Camp (Dublin), Day 1		
	4	T	Holding Camp (Dublin), Day 2		
	5	W	Holding Camp (Dublin), Day 3		
	6	TH	Holding Camp (Dublin), Day 4		
	7	F	Travel to Paris		
	8	S	Orientation (Paris)		
	9	S	Orientation (Paris)		
10-Aug	10	M	European Aquatics Swimming Championships (Paris) Day 1		
	11	T	European Aquatics Swimming Championships (Paris) Day 2		
	12	W	European Aquatics Swimming Championships (Paris) Day 3		
	13	TH	European Aquatics Swimming Championships (Paris) Day 4		
	14	F	European Aquatics Swimming Championships (Paris) Day 5		
	15	S	European Aquatics Swimming Championships (Paris) Day 6		
	16	S	European Aquatics Swimming Championships (Paris) Day 7		
17-Aug	17	M	Return from Paris		
	18	T			
	19	W			
	20	TH			
	21	F			
	22	S			
	23	S			
24-Aug	24	M			
	25	T			

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	26	W			
	27	TH			
	28	F			
	29	S			
	30	S			
31-Aug	31	M			

ALL COMPETITIONS (OTHER THAN SCHOOLS COMPETITIONS) TO BE AGE CLASSIFIED AS OF 31ST DECEMBER