SWIM IRELAND | Masters

2026

IRISH MASTERS LC INTERNATIONAL OPEN MEET (50M)

EVENT GUIDE

SPORT IRELAND NATIONAL AQUATIC CENTRE
SPORT IRELAND CAMPUS
DUBLIN, IRELAND

3rd - 4th July 2026

SPORT IRELAND

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VENUE INFORMATION

All training and competition will take place in the National Aquatic Centre, Dublin, Ireland.

The National Aquatic Centre is a 10 lane 50m pool. The competition pool has anti-turbulence lane ropes, wedge starting blocks and backstroke ledges.

Parking and Catering are available at the venue.

QUALIFICATION CRITERIA AND INFORMATION

Qualification times for all athletes can be found further in this document.

- All competitors must be a member of a club affiliated to World Aquatics.
- Competitors may represent only ONE club in the competition.
- All Relay entrants must enter and complete an individual event
- All swimmers must be a full current competitive swimming member of a WA affiliated organisation at the time of the gala.
- Swimmers with One Day Membership, Special memberships, Triathlon only memberships or Open Water only membership, are not permitted to enter this competition.

ENTRIES

ENTRY DEADLINE

Event Opening date for entries is **Monday 4th May 2026.**

Closing date for **Individual entries** is **Extended New Deadline - 11.00pm Wednesday 10th June 2026.**

Closing date for **Relay entries** is **5.00pm Friday 12th June 2026.**

STRICTLY NO LATE ENTRIES ACCEPTED

Qualification time standards will be in place for entry into the 800m and 1500m events. Heats may be limited if oversubscribed due to Meet overall session time limit restrictions. Fees will be refunded for this event if an entry cannot be facilitated due to this restriction Entry times submitted for these events ***must*** be based on an official published result from a recognised Masters meet.

RELAY ENTRIES

Clubs are permitted to enter up to two relay teams per event. All competing swimmers must be entered in the meet in individual events in order to compete on the relay team.

Relay swimmers must be registered members of the club they are swimming for.

The names of the 4 relay team members swimming in the race and the order of swimming must be declared in the entry submission. Amendments can be made where necessary on the day up to 1 hour before the event session start time by completing the Team Declaration Sheet and submitting to the Technical Delegate Table. This Sheet will be available and can be completed at the Technical Delegate Table on the morning of the Meet. Failure to do so will be subject to a fine of €50 without exception and disqualification of the relay team.

Relay teams that swim in an order that is different from the declared order of swimming shall be disqualified in accordance with WA Rule SW 10.12.

ENTRY FEE
Individual entries cost €12/£11 per event.

Relay entries cost €30/£26 per event.

Entry fees must be paid on submission of entries (Card processing charge will be applied). Please note that entries are non-refundable once the final date for entry has passed, with the exception of the 800m & 1500m events, fees will be refunded if entry cannot be facilitated due to Meet overall time restrictions.

ENTRIES SUBMISSION

All entries are to be submitted via FastWave Swim Management platform.

Please follow the instructions in the FastWave Entry Guides which will be made available on our website prior to entries opening. It will explain in detail how Individuals and Clubs can submit their entries via http://www.fastwave.ie/events.

Queries, questions or any assistance required in relation to the entry platform should be directed to – support@fastwave.ie

Entry fees must be paid on submission of entries (Card processing charge will be applied).

Step 1 –
Individual Swimmers - create your **Master Swimmer account** (or for **Club Coordinators** select this option instead) on the FastWave platform. On first login, users will be asked to complete their swimmer details.

Swim Ireland Members
You must enter:

- Your Swim Ireland membership registered email address (JustGo)
- Your membership number

☑ **Access is granted immediately (no approval delay)** Once correct, You proceed to the confirmation of your details to finish set up, and can then enter events.

If you **don't know** your JustGo details:
Contact Swim Ireland to retrieve/update them.
Email: competitions@swimireland.ie

If **details are not found**, then the **details do not match those in your Swim Ireland membership** JustGo account. Please login to your Swim Ireland membership JustGo account and update/correct your details if needed.

- JustGo log https://swimireland.justgo.com/Workbench/Home
- If you already have an account but have forgotten the password, go to the login screen and click, "Forgot Password?". An email will be sent, and you can rest your password, please check your Spam/Junk mail if you do not receive this email.

- If you do not receive an email, then your registration details were set up incorrectly. Contact Swim Ireland to retrieve/update them. Email: competitions@swimireland.ie

  Note - Swim Ireland does not directly input individual member details within the JustGo membership database. These details are submitted by your club at the time of registration. We would strongly advise you to follow up with your club secretary to ensure your correct details are maintained for future registrations.

Swim GB Members (England, Scotland or Wales)

You must enter:

- Your Swim England, Scotland or Wales membership number
- Your date of birth

☑ **Instant access once details match.** Once correct, You proceed to the confirmation of your details to finish set up, and can then enter events. If details are not found/matching, please check below to ensure details are correct. https://www.swimmingresults.org/membershipcheck/

Other International Federation Members

Email: competitions@swimireland.ie
Include: International Federation Membership number, Club details and Date of birth
☑ **Once approved, Fastwave will add your approved details to their database**, Swimmers can then complete their set-up following Fastwave registration as per the Guide**.**

Step 2 –

Entry Options available.

a) **Master Swimmer Account** –

- Search for the Meet that you wish to submit entries, click the "Enter Meet" option for the Meet.
- Tick " individual events" and add your Swim Entry times (note No Time entries will be seeded in the slowest Heats at the event). Follow the prompts to add your entries to your entries cart. Refer to the Fastwave Guide for further instruction if required.

b) **Club Coordinator Account** –

- Search for the Meet that you wish to submit entries,
  - click "Add entries" option to manually enter verified Swim Ireland members already on the system to the event. Follow the prompts to add your entries to your entries cart. Refer to the Fastwave Guide for further instruction if required. Please note that individual swimmers must already be entered in this meet in order to be selected for a relay Team.

Step 3 –

IMPORTANT - Click "**Checkout**" and **pay** for all entries on your profile when all entries are finalised. If you do not checkout and pay your entries will not have been submitted, they will remain in your Draft inbox.

Club Administrators

The Club Coordinator is a club administrator account. Go to the Sign-up an select "Coordinator".
You will only need to set this account up if:

- You are submitting entries (Hy-Tek) or
- Adding and Managing multiple swimmers or
- Entering relays on behalf of your Club

⚠ This is the only account type that requires approval
Only club committee members should register as a Coordinator. The person registering should be a club committee member who has agreed to the relevant Code of Conduct for committee roles and has permission to access club member details.

Why is verification of accounts required?

These Membership and Club checks are in place to ensure that all entries are valid and that only registered competitive swimmers affiliated with recognised clubs and Federations can participate. This protects the integrity and fairness of the competition, ensures swimmers are appropriately insured under their federation membership to compete, and helps prevent incorrect entries or ineligible registrations.

SWIM IRELAND TRANSGENDER POLICY

Please note that this competition will be run under the stipulations of the Swim Ireland Transgender and Non-Binary Participation and Competition Policy.

Female Category – athletes with a birth sex of female

Male & Open Category – athletes with a birth sex of male, trans or non-binary competitors and any competitor not eligible for the Female category

Further information on this can be found in the Policies section on the Swim Ireland website

TEAM INFORMATION

A Meet specific **Team Information document** will be issued to all Individuals/Gala secretaries who submit entries on behalf of swimmers/clubs for this event, once all entries have been processed and confirmed. This document must be forwarded by the recipient to all swimmers attending the event as it contains the most up to date important information for this meet including the link to the Team Leaders zoom meeting link, withdrawal form, Session times, links to WhatsApp communication group etc.

COMPETITION INFORMATION

KEY DATES AND TIMINGS

Date	Time	Activity	Location
Wednesday 1st July	20.00	Team Leader Meeting	Online
Friday 3rd July	**09.00**	**Competition commences**	**Competition Pool**
Saturday 4th July	20.30	Competition ends	Competition Pool

TEAM LEADERS MEETING
Technical briefing will take place on Wednesday 1st July @ 19.30 via Zoom. Attendance at this meeting is advisable. If a club is not represented at this briefing, you are agreeing to any decisions made at the meeting and agree to abide by them at the meet.

A zoom link will be issued to all swimmers entered in the event in the days leading up to this meeting, please check your emails.

WARM UP & SESSION TIMES
A Warm up and Session time schedule will be issued to all swimmers entered in the event in the days leading up to this meeting, please check your emails.

EVENTS
The Order of Events can be found further in this document.

All events will be run as Heat Declared Winner (HDW) events with seeded heats, mixed or Men & Open / Women events.

AGE GROUPS
Age at 31st December 2026.

Individuals: 19yrs – 24yrs, 25yrs – 29yrs, 30yrs – 34yrs etc. and upwards in 5 year intervals.

Relays: 76yrs-99yrs, 100yrs-119yrs, 120yrs-159yrs, 160yrs-199yrs, etc. and upwards in 40 year intervals.

AWARDS
Gold, Silver & Bronze medals will be awarded to each gender in each event in all age categories.

WITHDRAWALS
All withdrawals must be submitted via the **Fastwave** up until 6pm on Friday 19th June. Refer to Fastwave Guide for instructions on how to submit withdrawals.

Withdrawals after this date may be submitted via the online form that will be linked in the **Team Information document up to Thursday 2nd July 3pm.** Withdrawals for Day 1 must be submitted by this date and time deadline. No withdrawals will be accepted in the morning from events scheduled for that day.

Withdrawals for day 2 must be submitted through the swim office table at the event by 6pm the previous day, i.e. for day 2, withdrawals must be submitted by 6pm on day 1.

SWIMSUITS
It is not a requirement for swimmers to be wearing WA tagged swimwear in this competition, but all swimwear must meet the World Aquatic Approved Swim Wear Policy.
World Aquatic Approved Swim Wear Policy

Full details of the Swim Ireland policy can be found

Swim-Ireland-Swimwear-Policy-Updated-January-2026.pdf

ANTI DOPING POLICY

It is a condition of attending a Swim Ireland event that athletes may be required to be tested for prohibited substances in accordance with the Sport Ireland/WADA/World Aquatics Anti-Doping rules.

Further information can be found here Sport Ireland Anti-Doping.

HEALTH AND SAFTEY

Please refer to the Health & Safety guidelines at the back of this document and also the Swim Ireland Code of Practice for Safety (Swimming).

OFFICIALS

Swim Ireland will provide Referee, Starter & Stroke Judges, clubs will be asked to provide Timekeepers.

COMMUNICATION

Communication will be via a WhatsApp broadcast leading up to and during Gala Days. A Link to this WhatsApp group will be issued via email.

FURTHER INFORMATION

Please direct all queries to entries@swimireland.ie

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ORDER OF EVENTS

3rd - 4th July 2026

Session 1 **Warm Up: TBC** **Start Time: 9am (TBC)** **Friday, 3rd July**

Event No:	Gender	Event
101	Mixed	800 Freestyle
102	Open	400 Individual Medley
103	Female	400 Individual Medley
104	Open	4x200 Freestyle Relay
105	Female	4x200 Freestyle Relay

Session 2 **Warm Up: TBC** **Start Time: TBC** **Friday, 3rd July**

Event No:	Gender	Event
201	Mixed	4x50 Freestyle Relay
202	Open	200 Backstroke
203	Female	200 Backstroke
204	Open	100 Breaststroke
205	Female	100 Breaststroke
206	Open	50 Butterfly
207	Female	50 Butterfly
208	Open	100 Freestyle
209	Female	100 Freestyle
210	Open	200 IM
211	Female	200 IM
212	Mixed	4x50 Medley Relay

All events will be run as Heat Declared Winner (HDW) events

800m and 1500m events - Heats may be limited if oversubscribed due to Meet overall session time limit restrictions.

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Session 3 **Warm Up: TBC** **Start Time: 9am (TBC)** **Saturday, 4th July**

Event No:	Gender	Event
301	Female	200 Butterfly
302	Open	200 Butterfly
303	Female	50 Freestyle
304	Open	50 Freestyle
305	Female	100 Backstroke
306	Open	100 Backstroke
307	Female	50 Breaststroke
308	Open	50 Breaststroke
309	Female	4x50 Medley Relay
310	Open	4x50 Medley Relay
311	Female	400 Freestyle
312	Open	400 Freestyle

Session 4 **Warm Up: TBC** **Start Time: TBC** **Saturday, 4th July**

Event No:	Gender	Event
401	Female	200 Breaststroke
402	Open	200 Breaststroke
403	Female	100 Butterfly
404	Open	100 Butterfly
405	Female	200 Freestyle
406	Open	200 Freestyle
407	Female	50 Backstroke
408	Open	50 Backstroke
409	Female	4x50 Freestyle Relay
410	Open	4x50 Freestyle Relay
411	Mixed	1500 Freestyle

All events will be run as Heat Declared Winner (HDW) events

800m and 1500m events - Heats may be limited if oversubscribed due to Meet overall session time limit restrictions.

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QUALIFYING TIMES 2026

Age Group	Male		Female	
	800	1500	800	1500
19-24	12:05.00	23:10.00	13:25.00	25:50.00
25-29	12:05.00	23:10.00	13:25.00	25:50.00
30-34	12:15.00	23:30.00	13:40.00	26:20.00
35-39	12:26.00	23:50.00	14:05.00	27:10.00
40-44	12:35.00	24:10.00	14:50.00	28:40.00
45-49	13:05.00	25:10.00	16:00.00	31:00.00
50-54	13:50.00	26:40.00	17:00.00	32:00.00
55-59	14:40.00	28:20.00	17:50.00	34:40.00
60-64	15:45.00	30:30.00	19:00.00	37:00.00
65-69	16:45.00	32:30.00	20:15.00	39:30.00
70-74	18:20.00	35:40.00	21:50.00	42:40.00
75-79	19:50.00	38:40.00	24:55.00	48:50.00
80-84	21:40.00	42:20.00	25:50.00	52:40.00
85-89	24:10.00	49:20.00	29:50.00	58:40.00

800m and 1500m events - Heats may be limited if oversubscribed due to Meet overall session time limit restrictions.

HEALTH AND SAFETY

Swim Ireland Safety Statement - Issues

Safety is the responsibility of every individual involved in the sport.

Risks identified must be reported to either a Club or Meet Official
and formally reported to the facility operator.

All accidents must be formally reported.

General

- By Law all facilities are required to have a Safety Statement in operation. Clubs and Meet Organisers should satisfy themselves that this is the case.
- Any accidents, however minor, must be reported to Swim Ireland (standard Accident Report Form available).
- ALL volunteers who work/help at Swim Ireland events are advised to read the Swim Ireland Safety Statement which is available upon request from the Office.

Clubs

- All Clubs should obtain and read a copy of the Safety Statement of the pool they are hiring.
- It is recommended that clubs identify risks and formally report them in writing to the relevant personnel at the facility.

All Meets

(Club, Regional and National)

- Following a meet at which an incident/accident occurred, the Organiser and Race Referee must complete a Meet Accident Report Form and include their contact details.
- All who attend meets are urged to report any accidents to either the Meet Organiser who immediately reports to the Race Referee or to the Referee directly. Where an accident occurs, Swim Ireland must be informed as soon as possible with a full report presented.
- "Safety at Swim Meets" must be included in all Programmes for all Meets run under Swim Ireland rules. It must also be read out at the start of every session with emphasis placed on item 3 above.
- Officials should be advised by the Race Referee to report any concerns they have over possible risks at the facility and to ensure that reporting procedures are followed.
- Under FINA Law the Referee is in total control of all persons attending the meet and the Referee should take all reasonable steps to ensure their safety.

Safety at Swim Meets

All accidents, however minor must be reported, in writing, to Swim Ireland.

We would ask the co-operation of athletes, coaches, spectators and clubs in the application of the following safety measures. They are in place for everyone's safety.

General

- Everyone attending Meets must familiarise themselves with the locations and operation of emergency exits.
- Anyone observing anything they consider to be a safety hazard should report it to a Meet Official.
- All persons attending Meets must take all steps to ensure their own safety and the safety of others.
- All walkways must be kept clear of bags, equipment, etc.

Starting

- It is the responsibility of competitors, coaches and clubs to ensure that all athletes are sufficiently competent to dive start from competition starting blocks. Alternatively, athletes are reminded that they may start from the poolside.
- In the event of a false start, athletes should perform a safe entry and not fall into the water.

Warm-Up

- Athletes and coaches must ensure that they (and athletes in their charge) take no action that would endanger themselves or others.
- The instructions of those in authority must be obeyed immediately.
- Athletes are not permitted to dive or jump into lanes other than sprint lanes and then only when the area is sufficiently clear to make a safe entry.
- Do not start sprinting in a sprint lane until non-sprinting athletes have cleared it.
- On finishing a sprint immediately clear the way for the following athlete(s).

Around the Pool (e.g. spectator area, foyer area, etc.)

- Athletes are not permitted to enter dry areas without first having changed and put on footwear.
- Where there is a balcony or rail - athletes are not permitted to climb over it.
- Glass bottles are not permitted outside designated refreshment areas.

Thank you for your co-operation in making the Meets a safe experience for all.