2026-2027 Swim Ireland National Programme
Athlete Selection Process

SWIM IRELAND | Performance

Junior Pathway Athletes

PLEASE NOTE: Regardless of the Consideration Times published, a MINIMUM of 30 athletes will be selected to this element of the National Programme. Please see details below:

- Selection Stage 1: Athletes who achieve one or more of the published Consideration Times within their age group will be selected
- Selection Stage 2: Additional athletes will be selected based on their percentage outside of a Consideration Time to ensure that there are 12 male and 12 female athletes selected
- Selection Stage 3: Additional athletes will be selected based on their percentage outside of a Consideration Time to ensure that there are 30 athletes selected; there may be a cap on the number of athletes added via a particular event during this Selection Stage
- Selection Stage 4: Additional athletes born in 2009 or later who achieved a Top-16 finish (individual events only) at the 2026 European Aquatics Junior Championships will be selected
- Selection Stage 5: Additional athletes born in 2009 or later who achieved a Top-16 finish at the 2026 European Aquatics Junior Open Water Championships will be selected

Senior Pathway Athletes

PLEASE NOTE: Regardless of the Consideration Times published, a MINIMUM of 16 athletes will be selected to this element of the National Programme. Please see details below:

- Selection Stage 1: Athletes who achieve one or more of the published Consideration Times within their age group will be selected
- Selection Stage 2: Additional athletes will be selected based on their percentage outside of a Consideration Time to ensure that there are 6 male and 6 female athletes selected
- Selection Stage 3: Additional athletes will be selected based on their percentage outside of a Consideration Time to ensure that there are 16 athletes selected; there may be a cap on the number of athletes added via a particular event during this Stage
- Selection Stage 4: Additional athletes who achieved a Top-16 finish (individual events only) at the 2026 European Aquatics Championships will be selected
- Selection Stage 5: Additional athletes born in 2008 who achieved a Top-16 finish (individual events only) at the 2026 European Aquatics Junior Championships will be selected
- Selection Stage 6: Additional athletes born in 2007 or 2008 who achieved a Top-16 finish at the 2026 European Aquatics Junior Open Water Championships will be selected
- Selection Stage 7: Additional athletes born in 2008 or earlier who achieved a Top-16 finish at the 2026 European Aquatics Open Water Championships will be selected to this element of the Programme

Performance Athletes

- Selection Stage 1: Athletes who achieve one or more of the published Consideration Times will be selected
- Selection Stage 2: Additional athletes who achieved a Top-8 finish (individual events only) at the 2026 European Aquatics Championships will be selected
- Selection Stage 3: Additional athletes will be selected if they have Sport Ireland International Carding Scheme status in 2026 or have achieved the Sport Ireland International Carding Scheme criteria for 2027
- Selection Stage 4: Members of the National Senior Relay Programme may be invited for development purposes (details to be published)

For all cohorts within the Programme, the National Performance Director may recommend additional athletes to the programme for approval by the Performance Senior Leadership Team. Full programme details will be published here

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Athlete Selection Process

SWIM IRELAND | Performance

MALE CONSIDERATION STANDARDS (LONG COURSE) 2026-2027										
EVENT	**Performance (PE)**	**Senior Pathway (SP)**						**Junior Pathway (JP)**		
	Any Age	**Born 2003**	**Born 2004**	**Born 2005**	**Born 2006**	**Born 2007**	**Born 2008**	**Born 2009**	**Born 2010**	**Born 2011 or Later**
50m Freestyle	22.01	22.01	22.26	22.54	22.87	23.13	23.62	-	-	-
100m Freestyle	48.70	-	-	48.70	49.40	49.80	50.47	51.47	53.13	55.26
200m Freestyle	1:47.58	-	-	1:47.58	1:48.37	1:49.39	1:50.72	1:53.30	1:56.85	1:59.77
400m Freestyle	3:50.10	-	-	3:50.10	3:52.66	3:55.30	3:58.99	4:03.53	4:09.99	4:18.79
800m Freestyle	7:55.95	-	-	7:55.95	7:58.34	8:04.86	8:11.21	8:21.43	8:35.16	8:52.24
1500m Freestyle	15:08.25	-	-	15:08.25	15:14.76	15:23.70	15:34.25	15:54.20	16:11.71	16:41.40
100m Backstroke	54.00	-	-	54.00	54.43	55.04	55.71	56.91	58.46	1:01.07
200m Backstroke	1:57.77	-	-	1:57.77	1:58.41	2:00.05	2:01.19	2:03.02	2:06.17	2:11.61
100m Breaststroke	1:00.11	1:00.11	1:00.27	1:00.87	1:01.34	1:02.41	1:03.36	1:04.66	1:06.82	1:09.62
200m Breaststroke	2:10.66	-	2:10.66	2:11.96	2:12.80	2:15.16	2:17.48	2:20.54	2:25.90	2:29.72
100m Butterfly	52.17	-	52.17	52.59	53.26	53.86	54.69	55.58	57.51	1:00.28
200m Butterfly	1:56.72	-	-	1:56.72	1:57.48	1:59.12	2:00.41	2:02.06	2:06.20	2:11.91
200m I.M.	1:58.63	-	1:58.63	1:59.59	2:01.03	2:02.26	2:03.58	2:05.81	2:09.90	2:15.14
400m I.M.	4:13.55	-	-	4:13.55	4:17.51	4:20.20	4:23.23	4:28.99	4:35.01	4:44.72

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SWIM IRELAND | Performance

FEMALE CONSIDERATION STANDARDS (LONG COURSE) 2026-2027											
EVENT	**Performance (PE)**	**Senior Pathway (SP)**						**Junior Pathway (JP)**			
	Any Age	**Born 2003**	**Born 2004**	**Born 2005**	**Born 2006**	**Born 2007**	**Born 2008**	**Born 2009**	**Born 2010**	**Born 2011**	**Born 2012 or Later**
50m Freestyle	24.88	24.88	25.09	25.27	25.41	25.69	25.81	-	-	-	-
100m Freestyle	54.00	-	-	54.00	54.29	54.92	55.34	55.78	56.24	57.88	59.97
200m Freestyle	1:57.73	-	-	-	1:57.73	1:58.48	1:59.13	2:00.88	2:02.83	2:05.30	2:09.26
400m Freestyle	4:09.32	-	-	-	4:09.32	4:10.81	4:12.27	4:15.15	4:17.81	4:24.06	4:32.08
800m Freestyle	8:31.39	-	-	-	8:31.39	8:35.55	8:39.78	8:46.90	8:52.29	9:03.52	9:15.82
1500m Freestyle	16:15.79	-	-	-	16:15.79	16:24.55	16:30.74	16:32.93	16:42.52	16:54.24	17:25.16
100m Backstroke	1:00.30	-	-	1:00.30	1:01.01	1:01.66	1:02.08	1:02.62	1:03.66	1:04.64	1:07.21
200m Backstroke	2:11.76	-	-	-	2:11.76	2:12.86	2:14.43	2:14.93	2:16.79	2:19.44	2:24.53
100m Breaststroke	1:07.49	-	1:07.49	1:07.92	1:08.77	1:09.31	1:09.74	1:10.75	1:11.88	1:13.61	1:15.88
200m Breaststroke	2:25.40	-	-	2:25.40	2:27.41	2:28.81	2:30.05	2:32.94	2:34.12	2:36.51	2:42.91
100m Butterfly	58.66	-	-	58.66	58.90	59.55	59.96	1:00.51	1:01.67	1:03.28	1:06.41
200m Butterfly	2:09.50	-	-	-	2:09.50	2:10.17	2:11.15	2:11.63	2:13.61	2:16.10	2:20.92
200m I.M.	2:12.80	-	-	2:12.80	2:13.27	2:14.58	2:15.40	2:16.41	2:17.58	2:20.39	2:23.39
400m I.M.	4:39.81	-	-	-	-	4:39.81	4:42.41	4:45.70	4:50.92	4:56.61	5:06.05

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